

2nd National Congress on Medicine for Futbol

7th National Congress of Medicine for Sport

May 28 & 29, 2010 at the CDAG AUDITORIUM

Organized by:

GUATEMALAN ASSOCIATION OF MEDICINE FOR FUTBOL

GUATEMALAN ASSOCIATION OF MEDICINE FOR SPORT

ATHLETES IN ACTION SPORTS PERFORMANCE

With the Guarantee of:

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THERA-BAND

PROGRAM

Friday, May 28th

8:00 - 8:15 am Opening Ceremonies and Introductions

8:15 - 9:00 am Developing a Mastery Orientation: Regulating Intensity, Building Confidence and Improving Concentration – William Massey MS, CSCS, USAW

9:00 - 09:30 am Ankle and Knee Evaluations – David Luck, MD

09:30 – 10:00 am Coffee Break

10:00 – 10:30 am Functional Assessment for Overuse Injuries – John Faltus, DPT, CSCS

10:30 – 11:00 am Ankle and Knee Rehabilitation Exercises – Alda Burston, MEd, ATC/Michelle Snow

11:00 – 11:30 am Index of sweating and Hydration in the National Selection of Soccer – Julio Motta, MD

11:30 - 12:00 Rehabilitation Dynamics of the Knee – Jorge Mario Chavez, MD

12:00 - 1:00 pm Doping News Update – Rafael Robles, MD

1:00 -1:30 pm Pain Neuropathies – Gerardo Ramírez, MD

1:30 – 2:30 pm Breakout Sessions

A. Evaluations of Ankle and Knee

– David Luck, MD

B. Rehabilitation Exercises for Ankle and Knee

– Alda Burston, MEd, LAT, ATC and Michelle Snow

C. Functional Assessment of Lower Extremities

– John Faltus, DPT, CSCS and William Massey MS, CSCS, USAW

Saturday, May 29th

8:00 – 8:45 am Head Injuries – David Luck, MD

8:45 – 09:45 am Athletic Trauma Assessment and Management – Alda Burston, MEd, ATC/Michelle Snow

09:45 – 10:00 am Break

10:00 – 10:30 am Leadership Effectiveness: Techniques for Coaches – William Massey MS, CSCS, USAW

10:30 – 11:00 am Sports Ethics – Jim Rumelhart, MSS, ATC, CSCS

11:00 – 11:30 am Reconstruction of the Anterior Cruciate Ligament – Enio Fabian, MD

11:30 - 12:15 Youth Sport Roundtable Discussion

12:15 – 1:00 pm Case Study of Overuse Injury in a Soccer Athlete – John Faltus, DPT, CSCS

1:00- 1: 15 pm Closing Ceremonies

SPANISH VERSION OF THE PROGRAM AVAILABLE AT: www.agmfutbol.org

Registration Costs:

PHYSICIANS: Q 150.00

PHYSICAL THERAPISTS: Q 100.00

COACHES & PHYSICAL TRAINERS, Q 100.00

STUDENTS: Q75.00

SPACE IS LIMITED

PREREGISTER AT: agmf2007@gmail.com or BY PHONE IN GUATEMALA AT: 24509540



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"The New Standard in Sports Medicine"
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